

PACKING LIST FOR SUMMER CAMP

Campers are allowed one checked bag with bedding and one small carry-on which they will be responsible for carrying on the bus and with them during the first afternoon of camp. It is strongly recommended that you attach or write the name of the camper on both pieces of checked luggage (and all items you want to make sure don't get lost at camp!).

Small carry-on bag must contain the following:

- ___ Sack lunch (*no peanut butter, peanuts, nuts, or nut products of any kind*)
- ___ Swimming wear for first day swimming checks
- ___ Towel
- ___ Sunscreen
- ___ **Flashlight (very important!)**
- ___ Sweatshirt or jacket (Campers may not get to their checked luggage until bedtime)
- ___ Only items needed for the first afternoon (DO NOT include medication in this bag)

Checked bag should contain the rest of your camper's items *except medication*.

PS - Every year we are swimming in lost and found items at the end of camp!

Help out by writing the camper's name on/in all of the items that are brought to camp.

Essential Items

- ___ covered/close-toed shoes (sturdy)
- ___ water bottle
- ___ underwear (5-7)
- ___ socks (5-7 pairs)
- ___ t-shirts/tank tops (3-4)
- ___ long-sleeved shirts (1-2)
- ___ long pants - at least 2 pairs
- ___ warm sweater, sweatshirt, or jacket
- ___ raincoat/poncho
- ___ pajamas/sleepwear
- ___ sun block
- ___ toiletries (*soap, shower essentials, menstrual products, toothbrush & toothpaste, deodorant, etc.*)
- ___ warm sleeping bag or blankets and pillow
- ___ **flashlight with extra batteries**
(*wind-up flashlights are ideal!*)
- ___ shorts - at least 2 pairs
- ___ one extra pair of shoes
- ___ swimwear, towel

Contact us if you need assistance acquiring any of the essential items above.

Suggestions/Optional Items

- ___ theme day clothes or props
(Check www.camptentrees.org or call the camp office later in the summer to find out what the theme days will be at camp this summer. Potential themes include: superhero, rainbow, pirate, monster, decades . . .)
- ___ stationery
- ___ pre-addressed envelopes and stamps
- ___ disposable camera or other camera*
**Non-disposable cameras are allowed, but not recommended. See p. 5 for more information. Camera phones are not allowed.*
- ___ journal/notebook/sketchbook
- ___ pens/pencils/markers
- ___ book
- ___ watch (not on a cell phone)
- ___ crafty supplies, playing cards, games
- ___ musical instrument
- ___ sheet to cover mattress
- ___ sandals, sunglasses, visor or baseball hat
- ___ shaving razor if desired, must pack this in medication bag
(see more information in "About Medication" below)

DO NOT BRING THE FOLLOWING:

pets, electronic devices (including phones, i-pods, e-cigarettes, etc., excluding cameras), weapons, drugs, sharp things (including pocket knives and scissors), alcohol, tobacco, candy, food, clothing with offensive language or pictures, matches, lighters, undeclared medication, valuables, or money - possession of any of these items may lead to a camper being required to leave camp early.

ABOUT MEDICATION:

Bring any necessary or prescribed medication, naturopathic/homeopathic medicines, supplements/vitamins, and/or herbal remedies to check-in. **Do not pack any of these medicines in any camper bags.** For the safety of campers, ALL medicine must be turned in at the appropriate station at Check-In directly to Camp Ten Trees volunteers. Medication must be in original containers and clearly labeled with the camper's name and then placed in a clearly labeled plastic or paper bag. **About shaving razors: Campers may bring shaving razors, but they must be packed in their medication bag and not in their carry-on or checked bag.**

NOTE: We will have some stereos available at camp—feel free to bring some CDs and tapes.
DO NOT bring personal electronic devices, including cell phones, i-pods, CD or MP3 players.

Camp Ten Trees is not liable for any lost, damaged, or missing items. Take care in choosing what to bring.