PACKING LIST FOR SUMMER CAMP

Campers are allowed one checked bag with bedding and one small carry-on which they will be responsible for carrying on the bus and with them during the first afternoon of camp. It is strongly recommended that you attach or write the name of the camper on both pieces of checked luggage (and all items you want to make sure don’t get lost at camp!).

Small carry-on bag must contain the following:

- Sack lunch (no peanut butter, peanuts, nuts, or nut products of any kind)
- Swimming wear for first day swimming checks
- Towel
- Sunscreen
- Flashlight (very important!)
- Sweatshirt or jacket (Campers may not get to their checked luggage until bedtime)
- Only items needed for the first afternoon (DO NOT include medication in this bag)

Checked bag should contain the rest of your camper’s items *except medication*.

PS - Every year we are swimming in lost and found items at the end of camp!

Help out by writing the camper’s name on/in all of the items that are brought to camp.

### Essential Items
- covered/close-toed shoes (sturdy)
- water bottle
- underwear (5-7)
- socks (5-7 pairs)
- t-shirts/tank tops (3-4)
- long-sleeved shirts (1-2)
- long pants - at least 2 pairs
- warm sweater, sweatshirt, or jacket
- raincoat/poncho
- pajamas/sleepwear
- sun block
- toiletries (soap, shower essentials, menstrual products, toothbrush & toothpaste, deodorant, etc.)
- warm sleeping bag or blankets and pillow

### flashlights with extra batteries
- (wind-up flashlights are ideal!)
- shorts - at least 2 pairs
- one extra pair of shoes
- swimwear, towel

Contact us if you need assistance acquiring any of the essential items above.

### Suggestions/Optional Items
- theme day clothes or props
  (Check www.camptentrees.org or call the camp office later in the summer to find out what the theme days will be at camp this summer. Potential themes include: superhero, rainbow, pirate, monster, decades . . .)
- stationery
- pre-addressed envelopes and stamps
- disposable camera or other camera*
  *Non-disposable cameras are allowed, but not recommended. See p. 5 for more information.
  Camera phones are not allowed.
- journal/notebook/sketchbook
- pens/pencils/markers
- book
- watch (not on a cell phone)
- crafty supplies, playing cards, games
- musical instrument
- sheet to cover mattress
- sandals, sunglasses, visor or baseball hat
- shaving razor if desired, must pack this in medication bag
  (see more information in “About Medication” below)

DO NOT BRING THE FOLLOWING:

- pets, electronic devices (including phones, i-pods, e-cigarettes, etc., excluding cameras), weapons, drugs, sharp things (including pocket knives and scissors), alcohol, tobacco, candy, food, clothing with offensive language or pictures, matches, lighters, undeclared medication, valuables, or money - possession of any of these items may lead to a camper being required to leave camp early.

ABOUT MEDICATION:

Bring any necessary or prescribed medication, naturopathic/homeopathic medicines, supplements/vitamins, and/or herbal remedies to check-in. **Do not pack any of these medicines in any camper bags.** For the safety of campers, ALL medicine must be turned in at the appropriate station at Check-In directly to Camp Ten Trees volunteers. Medication must be in original containers and clearly labeled with the camper’s name and then placed in a clearly labeled plastic or paper bag. **About shaving razors:** Campers may bring shaving razors, but they must be packed in their medication bag and not in their carry-on or checked bag.

NOTE: We will have some stereos available at camp—feel free to bring some CDs and tapes.

DO NOT bring personal electronic devices, including cell phones, i-pods, CD or MP3 players.

Camp Ten Trees is not liable for any lost, damaged, or missing items. Take care in choosing what to bring.