

Activity Descriptions

Both sessions

Campers in both sessions participate in daily activities to grow and share skills; Activity A & Activity B. Youth attending August 12-18th will attend both A & B; while youth attending August 19-25th will just attend Activity A (and have Groups & Intensives, see following page).

Read carefully before recording your top choices on the Activity Sign-Up Form for your session.

Performance

Theater – Campers pursue interests in music, theatre, and dance while developing their acting, singing, or movement skills. Theater sports, dramatic readings, choreography, and show tunes abound. Bring your natural talent! The rest we will create together!

Dance – Learn some new steps, teach us your style, and choreograph a piece to your own tunes. You bring the music, we provide the system.

Music/Song Writing – Make musical instruments, create your own beats, and learn to write a song and perform anything you can dream!

Creative Writing – Poetry, spoken word, slam, fiction, autobiography, and more. There's so much in life to put on the pages, just open up and write it down.

Outdoors and Exploring

Hiking – Get away from the noises of main camp and explore the wilderness, find animal tracks, and hug a tree.

Fishing Technique – We won't be catching actual fish, but we will learn to tie lures, cast, and tell some tall tails...I mean tales!!

Wildlife – Identify tracks, animal bones and pelts! Learn how to protect and advocate for animals. Share rescue stories, ideas, and resources on how to be a steward of our plant and all its inhabitants.

Wilderness Skills – Have you ever wanted to put up a tent by yourself, start a fire, and cook your own outdoor meal? Come investigate what it means to live outdoors!

Community

Service Project – Lend a hand and help Camp Ten Trees and our host camp grounds! Maintain trails, support local wildlife, and lessen the impact we visitors have on the environment around us.

Making Camp Ten Trees History – Photos, interviews, zines, blogs...there are so many ways to capture the magic and memories of Camp Ten Trees. This group's final history project will be shared with the camp community on the last day.

Social Justice – Go deeper into your understanding of issues of oppression—racism, classism, ableism, heterosexism, and more. Talk, join in activities, and learn skills for being an ally.

Arts and Crafts

Arts and Crafts – Melty beads, collaborative artwork, bracelets, nature art, and so much more are awaiting your crafty hands at the Arts and Crafts cabin overlooking the sparkling lake.

Knitting – Learn to knit, chat it up, and share a cup of tea with your pals in camp's ever-popular knitting club.

Cartooning – Flip through the pages of a comic book to get some ideas for your own story, and then start to draw. 'Cuz there's villains to catch, rascally rabbits to snare, and treasures to seek!

Drawing and Painting – Learn new ways and teach others your style of drawing and painting. Opportunities to take your pad and/or palette outdoors and experience creating art in a natural setting.

Sports, Games, and Skills

Archery – Pick up a bow and some arrows! Set your own goals and reach them, with the help of our Archery Specialist and your friends. We provide lessons for:

- All Levels* – New to archery & experienced archers
- Advanced* – 2+ years of camp archery experience

Boating – Enjoy the beauty of the lake and at the same time hone you're boating and waterfront safety skills. Choose from fun-yaks, canoes or rowboats. We provide lessons for:

- All Levels* – New to boating & experienced boaters
- Advanced* – 2+ years of camp boating experience

Sports, Games, and Skills continued

Swimming – Enjoy being in water! Improve your swimming skills and knowledge of water safety. Share tips with other swimmers and play swimming games. This opportunity is for all skill levels!

Field Sports – Kickball, Capture the Flag, Evolution, a zillion kinds of Tag, Forts, On-land Water Games, Volleyball, Frisbee and much more. Bring your own games and ideas to share!

Self-Defense – Low impact Kung Fu, Tae Kwon Do and basic self-defense techniques. Let's get moving and stay super-safe!

Yoga – Become a dog, cow, archer, cobbler, even a plank, with just your body and your breath. Ideal for campers wanting some quiet, relaxing, and strengthening activities while at camp.

Choice Activities

Both sessions

Most days campers have a one hour choice activity. These are one time activities campers will learn about and choose on the day of the activity. Choice activities range from science experiments to Dungeons & Dragons to a mini-triathlon! This gives campers a chance to try something new, hang out with friends outside of their cabin group, and do something a little different than their weeklong activities.

Campers can make suggestions about Choice Activities they would like to see at camp this summer by writing them in on their Activity Sign-Up form or emailing cori@campmentrees.org.

Groups & Intensives

August 19th – 25th only

During the August 19th-25th session, campers will participate in two additional types of activities: Groups and Intensives. Campers will choose these activities while at camp, but are here for your information.

Campers can make suggestions about Groups and Intensives they would like to see at camp this summer by writing them in on their Activity Sign-Up form or emailing cori@campmentrees.org.

Groups

Discussions guided and supported by adult facilitators

Skill-Share/Skills-Building Groups – Here's an opportunity to share your questions, knowledge, and experience by gathering with others to build important life skills. Example: "How to build a GSA," or "Being White and an Ally to People of Color."

Affinity Support Groups – Come together around a shared experience, identity, or circumstance, and share related personal stories and experiences with each other. Example: "LGBTQ People of Color," or "Questioning and/or Coming Out."

Hot Topic Discussion – Discuss the current happening topics in your communities, among friends, and in the world. Further develop your opinions and listen to others' perspectives. Example: "Religion, Spirituality, and Queerness," or "Trans Healthcare."

Activity Groups – Not so into discussions or at least not any that day? For campers who don't want to participate in discussions or who are "talked out" for the day can join in a game of kickball, board games, go on a hike, or similar activity.

Note: Similar themed formal and informal discussion groups take place during the session for kids of LGBTQ and/or non-traditional families (August 12th-18th) and are guided by Cabin Counselors.

Intensives

Breaking out of the typical camp schedule, this mid-week half-day activity will give you space to develop skills in a specific area, while making connections with other campers with similar interests. Intensives culminate in an evening of performances and presentations of the day's experience to the whole camp community.

Past Intensives:

Cooking Drag Workshop – Kings & Queens
Queer Teen Ensemble Theater Book Making
Game Day – From the Field to the Water
Sex, Dating, & Health Relationships
Organizing for Social Justice Creative Writing